



Advocating for Individuals with Disabilities

*Community Living Chatham-Kent
is pleased to present*

Cynthia Lockrey

Date: Thursday, March 14, 2024

Time: 6:30 p.m. to 8:30 p.m.

Location: 1099 Park Ave, West Chatham, ON

RSVP: Candise May cmay@clc-k.ca or Natalie Jansen njansen@clc-k.ca

Two-hour workshop

Raising a child with disabilities can be challenging, rewarding, frustrating and isolating. As a mother of a child diagnosed with ASD, and advocate living this journey, I will share some practical tips to help participants be their child's voice.

In this interactive workshop, participants will learn advocacy skills to help them:

- Get clear on their child's diagnosis and needs
 - Access support at school
 - Navigate the medical system
 - Deal with roadblocks
- Learn the importance of building a community of support
 - Know when to take a break
- Be their child's voice (when young) or megaphone (as they age)

About the trainer

Cynthia Lockrey has worked for over 25 years as a writer, communications professional, corporate trainer and patient advocate. Cynthia is passionate about advocating for the needs of children in the medical system, as a volunteer and parent. She is the author of *Your Child's Voice - A Caregiver's Guide to Advocating for Kids with Special Needs, Disabilities, or Others Who May Fall through the Cracks*. www.learnpatientadvocacy.com